



Christopher Treat, D.O.

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As we age, it's only natural for our bodies to show signs of wear and tear. But the desire for an active, fulfilling life never fades. Whether it's the result of an injury or simply the passage of time, experienced orthopedic surgeons play a crucial role in enabling us to live life to the fullest.

Dr. Chris Treat is a fellowship-trained orthopedic surgeon specializing in total shoulder replacement and revisions for older adults who want to get the most out of life. His professional journey, deeply rooted in a small-town upbringing, has made him a true advocate for active aging.

When asked why he chose to become a shoulder specialist for aging adults, Treat credits the decision to how he was raised.

"I always knew I was meant to be a physician," Treat reflected. "I grew up playing sports year-round in a tight-knit community in rural Oklahoma where my father was a family doctor. Those experiences showed me the importance of helping others and building lasting relationships. I naturally gravitated to orthopedics and completed shoulder, elbow, hand and wrist fellowships so I could help people continue doing the things they love the most."

Even after performing thousands of successful surgeries, Treat still brings a small-town approach to patient care. He is open, honest and encouraging, treating each patient like a member of his own family. He often tells them, "If you were my mom or dad, this is what I would do."

Making active lifestyles possible for older adults is a dream come true for Treat, who believes age should never be a barrier to living life to the fullest.

"Being an orthopedic shoulder surgeon isn't just about fixing shoulders," he said reassuringly. "It's about reigniting that spark of joy people get when they realize they can continue living the life they love."

Highlights

- Dr. Christopher Treat is known as a skilled shoulder replacement surgeon for aging adults.
- Treat offices and performs surgery in Tulsa.
- Additional conditions treated include upper extremity trauma, arthritis, sports injuries, carpal tunnel syndrome, fractures and cysts.

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